CLUB POLICY ON THE WEARING OF MOUTH GUARDS

AND PROTECTIVE EQUIPMENT

The International Hockey Federation’s rules recommend that players wear shin, ankle and mouth protection when playing. The club of course adopts this recommendation. If you are an adult player (18 or over), however, it is your decision as to whether you follow this recommendation or not. If you are the parent or guardian of a junior player, then it is for you to ensure that your child follows this recommendation.  
  
The Federation’s rules also permit players to wear any form of body protection and a face mask or metal grill face mask when defending a penalty corner. The club has purchased some face masks and grills which may be available for you or your child to wear when defending a penalty corner. The club does not guarantee that these face masks and grills will be available to use during a game or at practice, however. Accordingly, if you are concerned about this for yourself or for your child then you must obtain a facemask or grill that you or your child can use at any time.